

Mummy knows best

AS A new mum with a marketing degree, Katie Bennett-Stenton had been mulling a gap in the baby-food market for nutritious, interesting, "adventurous" and edible food for infants. Retrenchment (she and her husband lost their jobs within days of each other) propelled Bennett-Stenton into making the idea a business called Annika's Favourites, which launched recently from a St Kilda outlet. Annika's Favourites are sophisticated chef-made meals, including dishes such as dahl and tuna rice mornays. They are presented in frozen ice-block form and are designed for three age groups starting at four months. "They (the meal options) are about so much more than filling baby's tummy," says Bennett-Stenton. "They are about helping a baby develop an adventurous palate." She knows they actually work, too, because apart from daughter Annika, there were 30 babies in the test kitchen and they definitely grew to like the fruity chicken korma curry with brown rice featured in the nine-month-plus range.

JENNY BROWN

Annika's Favourites is located at 19 Irwell Street, St Kilda. Phone 9534 5704 or visit annikasfavourites.com.au

